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Cahokia may run daily news tapes

By Steve Horrell
Staff writer

CAHOKIA — The District 187 School Board listened to a proposal from a representative of a Tennessee-based communications company that would bring 10 minutes of news — and two minutes of commercials — into the classroom next year.

The proposal from Wendi Prell, a marketing representative for the Whittle Communications Co. of Knoxville, Tenn., is similar to a proposal adopted last month by District 196 in Dupo and one that has been adopted recently by school districts in East St. Louis, Waterloo, Highland, Triad and Lincoln. If the board decides to enter into an agreement, the district would begin receiving the Chapter One program next fall, in return for showing at least 92 percent of the daily news and advertising tapes beamed by satellite to the district, the district would have unlimited use of one television set for every 23 students at Wirth Junior High and Cahokia High School, as well as the use of a satellite dish and two video cassette recorders.

The equipment would be maintained by the Whittle Co. Prell said the broadcasts would be beamed by satellite to the district between midnight and 5 a.m., giving school officials an opportunity to preview for material they feel might be inappropriate to show.

As for the commercials that pay for the project, Prell said

subjects are strictly regulated and will not deal with topics such as alcohol, tobacco or feminine hygiene products.

At Monday's meeting, Prell showed a sample news tape dealing with such issues as the trial of John Pindexter and the recent investigation into the death of Loyola Marymount basketball star Hank Gathers. Other issues included racial problems in South Africa.

"Studies show that kids don't really watch the evening news or read the newspaper to keep up with what's going on," Prell told the board. "This is designed to bring them a dose of what's going on in the world."

Superintendent Elmer Kirchoff called the proposal "something that has been taking the country by storm. It's almost too good to be true."

The board will consider the issue at its May 8 meeting.

The board gave its approval for Superintendent Elmer Kirchoff to continue a feasibility study with the intent of opening Jerome School for a kindergarten through sixth grade program, beginning next school year. The Jerome School also would be the site of a program for students who are not performing up to grade level.

In addition, the plan calls for a "neighborhood K-6" concept to be initiated in the elementary schools in the district in which children would attend the grade school nearest their residence.

(See BOARD, Page 2A)

Lots of eggs should be found at hunts

CAHOKIA — Local children will have more than their share of eggs to search for at a variety of Easter egg hunts beginning Friday.

At 2 p.m. Friday, the village of Alorton will hold its annual Easter egg hunt and giveaway at the Village Park, 5491 Bond Ave. Games are planned and prizes will be awarded. The event will be sponsored by Alorton Mayor Callie Mobley, Precinct 12 Committeeman Jimmie Mobley, Precinct 1 Committeeman Vernon Clay and Charlie Coleman, and the Classy Ladies' President Maxine Reed.

On Saturday, local festivities

will begin at 10:30 a.m. with another Easter egg hunt to be held at the Alden Nursing Center-Cahokia, 2 Annable Court. Prizes will be awarded and a visit from Peter Rabbit will be featured.

An Easter egg hunt, jointly sponsored by Wal-Mart, the South Cahokia Jaycees, the Cahokia Junior Women's Club and the Cahokia-Dupo Journal, will be held Saturday afternoon on the softball diamond at Cahokia Park. The hunt will be divided into the following age categories and begin at the following times: ages 2-4, 1 p.m.; ages 4-5,

(See HUNTS, Page 2A)



PICKING UP TRASH: From left, Carolyn Coffey, Erin Coffey and Tara Coffey collect trash near the Cahokia Village Shopping Center during Saturday's litter pickup sponsored by the Keep Cahokia Beautiful project. Carolyn

Coffey led this group, which also included Ron Gould and Vicki Pendleton. The five were among some 160 volunteers. A related photo appears on Page 3A.

Centreville man gets 5 years in beating of EC store clerk

By Steve Horrell
Staff writer

BELLEVILLE — A Centreville man was sentenced Friday to five years in prison for beating a convenience store clerk in East Carondelet last summer.

Quinton Ray Kirkendoll, 26, of the 200 block of Ash Street,

pleaded guilty to aggravated battery and was sentenced by Judge Lloyd Karmel to five years at the State Correctional Facility at Menard.

Aggravated battery is a Class

III felony, carrying a maximum of five years and a minimum of two years in prison. However, Kirkendoll may face additional time for violating a parole program with the state of Missouri.

Kirkendoll was on parole and working as a laborer with the Vertex Chemical Co. in East Carondelet at the time of the beating, a spokesman for the State's Attorney's Office said. Kirkendoll's record includes convictions in Missouri on charges of escape, assault and robbery.

Police say Kirkendoll beat a 44-year-old female employee of the Corner Convenience Store, Seventh and State streets, with his fists on Aug. 30. He allegedly lured the employee to a microwave oven that he said would not open before beating her.

Kirkendoll fled, leaving his car and other evidence at the scene, which East Carondelet Police Chief Skip Mize said were instrumental in linking Kirkendoll to the crime.

(See BEATING, Page 2A)

Grant adds lab at Parks

CAHOKIA — A \$150,000 grant from the Federal Aviation Administration will allow for the addition of an air traffic control laboratory at Parks College.

The program is expected to begin in January.

The grant comes from the FAA in support of Parks' Airway Science degree programs.

(See PARKS, Page 2A)

Area news briefs

Khouri League registration

St. Joseph Khouri League of Cahokia will hold registration from 10 a.m. to 2 p.m. Saturday at St. Joseph fields, Church and E. Fifth Streets. For more information, call Bob Byrd at 337-1994.

Bake and craft sale set

The Alden Nursing Center-Cahokia, #2 Annable Court, will hold a bake and craft sale beginning at 10 a.m. Friday in the front lobby. The event is sponsored by the Resident Council.

Wellness/GLADD meets

The next meeting of the Wellness/GLADD organization will be held at 1:30 p.m. today (Wednesday) at the Cahokia Board of Education Building. The discussion topic of the meeting will be teen pregnancy.

Women's softball tourney

Teams are now forming for a six-team, slow-pitch women's softball tournament, sponsored by Centreville Baptist Church. The event will be held on the church's fields May 4-5. Entry fee is \$60 and must be received by April 18. Cash awards will be: first place, \$60; second place, \$50; third place, \$40; and fourth place, \$30. For more information, call Terry Geist at 337-7338; Bill Smith at 337-9811 or Steve Fields at 332-0987.

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BUNNY LOVE: Above, the Easter Bunny is greeted with tears as Stephanie Kippenberger, 13 months, expresses her unhappiness with the holiday hare at the Cahokia Wal-Mart on Saturday. Stephanie is the daughter of Charles and Phyllis Kippenberger of Cahokia. At right, the bunny also had his share of fans. Kati Madden, 8, and her brother David, 4, give the Easter Bunny a hug. They are the children of Dave and Robin Madden of Cahokia. The Cahokia Business and Professional Women sponsored photographs with the Easter Bunny at the store for the fifth year.



(Staff photos by Nicole Vaughn)

Obituaries

Boggs

Irene "Pudge" (Alford) Boggs, 73, of Cahokia died Saturday, April 7, 1990, at Four Fountains Nursing Home, Belleville.

She is survived by one daughter, Sandy Spears, of Cahokia; four brothers; three sisters; one grandchild; and two great-grandchildren.

She was preceded in death by her husband, James Boggs, and her parents, Van Alford and Emma Headley.

Mrs. Boggs' remains were created. Kurrus Funeral Home of Belleville was in charge of the arrangements.

Butler

Mattie Butler, 88, of East St. Louis died at 9:12 p.m. Saturday, April 7, 1990, in Memorial Hospital, Belleville.

Mrs. Butler was born Nov. 25, 1901, in Winston County, Miss., and had been a resident of East St. Louis since 1942. She was a member of Mt. Zion Baptist Church where she formerly served on the Busy Bee Club.

She is survived by one daughter, Mrs. Willie (Magnolia) Cox of St. Louis; one son, Ben T. Phillips of East St. Louis; two brothers, John Terrell of Cahokia and Lee Terrell of Muskegon Heights, Mich.; 12 grandchildren; 18 great-grandchildren; and three great-great-grandchildren.

Visitation will be held from 4 to 9 p.m. Thursday at Nash Funeral Home Chapel, 16th Street and Kansas Avenue. Funeral services will be held at noon Friday at Mt. Zion Missionary Baptist Church, 2235 Bond Ave., with the Rev. John H. Rouse, pastor, officiating. Burial will be in Sunset Gardens of Memory Cemetery, Millstadt.

Craig

Coy Craig, 85, of Cahokia died Sunday, April 8, 1990, at River Bluff Nursing Home, Cahokia.

He was born Jan. 3, 1905, in Doholenge, Ill.

Mr. Craig was a retired maintenance employee for Cahokia School District 187 and a retired inspector for the village of Cahokia.

He was a member of the Maplewood Park Baptist Church, the Masonic East St. Louis Lodge 504 A.F. & A.M. (past master), Scottish Rite Valley of Southern Illinois, Ainal Temple; and was an Army veteran.

Surviving are his wife, Ruth L. (Gold) Craig; a son, Billy J. Craig of Imperial, Mo.; three daughters, Vera Sauls of Belleville, Barbara McCoy of Fairview Heights and Judy Busche of Cahokia; one stepdaughter, Melba Wilshire of Belleville.

ville; 12 grandchildren; four step-grandchildren; six great-grandchildren; and four step-great-grandchildren.

Mr. Craig was preceded in death by his parents, James A. and India Ollie Craig.

Visitation was held from 3:30 to 9 p.m. on Tuesday at the Braun Colonial Funeral Home, Cahokia. Funeral services will be held at 10 a.m. today (Wednesday), with the Rev. Kenneth Hall officiating. Burial will be in Valhalla Gardens of Memory, Belleville.

Wenkel

Dora (Reichert) Wenkel, 81, of Columbia died Tuesday, April 3, 1990, at Monroe County Nursing Home, Waterloo.

Mrs. Wenkel was born March 4, 1909, in Sugar Loaf Township and was a member of Zoar United Church of Christ in New Hanover, Ill.

Surviving are two sons, Kenneth Wenkel and Carl Wenkel, both of Columbia; four sisters, Cora Nann and Florence Hoffstetter, both of Columbia, Leona Nolte of East Carondelet and Elvira Schraf of Cahokia; four grandchildren; and one great-grandchild.

Funeral services were held Friday at the Zoar United Church of Christ, with the Rev. Donald Grunwald officiating. Burial was in the church cemetery. Lawlor Funeral Home, Columbia was in charge of arrangements. The family suggests memorials to Zoar United Church of Christ.

Zumwalt

Percy Ray Zumwalt, 82, of O'Fallon died Friday, April 6, 1990, at Parkview Colonial Manor, O'Fallon.

He was born April 20, 1907, in Louisiana, Mo., and was an armed services veteran.

Surviving are a son, Phillip E. Zumwalt of Addieville, Ill.; a daughter, Marian Brittingham of Oakville, Ill.; two sisters, Thelma Carrico of Cahokia and Clea Fitzpatrick of St. Louis; 14 grandchildren; and 14 great-grandchildren.

He was preceded in death by his wife, Mary C. (Thompson) Zumwalt; a son, Percy Ray Zumwalt Jr.; a daughter, Thelma Margilee Doris; and his parents, Major and Cora (Vaughn) Zumwalt.

A memorial service will be held at Lake View Memorial Gardens Chapel at 10 a.m. today (Wednesday), with the Rev. Lloyd Jones officiating. Burial will be in Lake View Memorial Gardens, Belleville. Wolfersberger Funeral Home, O'Fallon, is in charge of the arrangements.

JULIE calls set record in 1989

JULIE. The Illinois not-for-profit system that marks underground equipment so excavators, farmers and gardeners can avoid damaging it, now is the largest one-call system in the nation.

In 1989 calls to JULIE — Joint Utility Locating Information for Excavators — caused a record 2.4 million messages to be sent to the system's 201 member companies, including Illinois Bell, gas companies and other utilities whose service can be interrupted by random

digging.

"We ask gardeners, farmers and excavators to call JULIE start digging," said John Moran, Illinois Bell staff-manager for outside plant protection. "That way, companies with underground facilities in the area can mark their location, which helps prevent injuries as well as disruptions of telephone, gas or electric service."

Those planning to dig can call JULIE toll-free, at 1 (800) 892-0123.

Parks

(Continued from Page 1A)

"The grant will pay for air traffic simulators to be used with existing courses and possibly one or two new ones," said Nita Browning, public relations director.

The air traffic lab also may be a boon to the 1,100 enrolled at the college.

"People who want to train as an air traffic controller would be more interested because of them (simulators)," Browning said.

The college now uses aircraft simulators in its pilot training programs. In some courses, those simulators will be linked to charge of air traffic control, providing experience for both

future aircraft controllers and student pilots, Browning said.

The simulators will be housed in an existing building on the campus, Browning said.

In announcing the grant, James B. Busey, FAA administrator said, "Parks College has been a forerunner in aviation education and can become a national leader in the Airway Science program. The funds from this grant will enhance their education by supporting the acquisition of air traffic control simulation equipment."

Dr. Tim Brady, dean of external programs and institutional advancement, will supervise the program.

Beating

(Continued from Page 1A)

Kirkendall remained at large until October when Centerville Police acted on a tip and captured him in the parking lot at Centerville-Township Hospital. Police said Kirkendall had ridden a bicycle to the hospital for an unknown ailment.

Kirkendall remained at the St. Clair County Jail until his indictment by a grand jury in January. He pleaded not guilty to his arraignment later that month. The case was delayed several times, including a delay when public defender Larry Bagsby

said that Kirkendall was mentally unfit to stand trial, later refuted by a psychiatrist.

Mize said on Monday that he had hoped for a longer sentence but was otherwise satisfied with the outcome.

Judy Dalen (assistant state's attorney) went above and beyond the call of duty in this case," Mize said. "She just did an exemplarily job."

Mize also praised the work of Phil Delaney, the investigator assigned to the case by the State's Attorney's Office.

Hunts

(Continued from Page 1A)

attend, members must register the children by calling Donna at 332-4171 by Thursday. The party will include an Easter egg hunt for children ages 1-12 and photographs with the Easter Bunny. Refreshments will be served.

The hunts will conclude at 2 p.m. Sunday, when the Dupo Fire Department will hold its annual Easter egg hunt on the Dupo High School football field. The event will be moved indoors if it rains.

Board

(Continued from Page 1A)

The policy would apply to Centerville, Hoffman, Maplewood, Morris, Penniman, and Jerome schools.

In other news, the board:

•Hired the following coaches for the 1990-91 school year: Rob Eden, athletic director, head football, and assistant basketball; Bill Moder, assistant football and assistant soccer; Jim McKay, assistant football and head tennis; John Latta, head basketball; George Vollert, assistant basketball and assistant baseball; Greg Crockett, head track; Warren Itner, head baseball; Charles Harris, assistant baseball and girls volleyball; Kevin Bement, assistant wrestling; Craig Garin, head soccer; and Kevin Bement, assistant soccer.

Also hired were: Arnold Kinsella, girls' volleyball; Charles Harris, girls' volleyball; and Theresa Arnold, head girls' softball.

The board also approved the following coaching assignments at Wirth Junior High School: Bill Moder, seventh-grade basketball; Rob Eden, boys' track; Warren Itner, head baseball; and Steve Jackson, girls' softball.

•Presented the District 187 Award to Debbie Damayan for her tutorial work twice a week after school hours at Wirth Junior High School.

•Voted to dismiss custodian Jerry Beck, after a brief executive session meeting.

•Hired Angela Willis as a child care attendant at the Early Learning Facility for the remainder of the school year, retroactive to March 13. She will work a maximum of two days a week, five hours a day, at the rate of \$4 an hour.

•Appointed Martha Avery to serve as a Health Skills for Life facilitator, retroactive to Feb. 5. She will be paid for a maximum of 22 hours per month for the remainder of the school year.

•Hired six temporary library aides for the remainder of the school year. They will be employed for a maximum of two hours a day at \$6.40 hourly. The aides are: Sharon Martin (Centerville School), Alicia Laws (Huffman School), Marion Lour-

wood (E. Morris School), Mary Stokes (Maplewood School), Donna Wiegand (Penniman School), and Helen Bailey (alter-nate).

•Hired Sheryl Moore as a lunchroom-playground aide at Centerville School for the remainder of the school year, effective April 2.

•Granted Leola Cotton, a bus driver, a leave of absence for the next 1990-91 school year, for personal reasons.

•Adopted the 1990-91 school calendar.

•Accepted the resignation of Larry Malone as the assistant basketball coach at Cahokia High School, effective at the end of the school year.

•Hired Michael Montano as custodian to fill a vacancy.

•Accepted the resignations of Peggy Jerome, head cook at Hoffman School, effective at the end of the school year, under the early retirement incentive plan.

•Accepted the resignation of Wray Thomas, custodian at Wirth Junior High School, effective May 31.

•Accepted the resignation of Marjorie Crum, a Chapter 1 paraprofessional in the district.

•Accepted the resignation of Nadine Carmickle, a bus driver, effective at the end of the school year.

•Accepted the resignation of Ann Oldham, a dishwasher at E. Morris School, effective March 30. She has accepted employment elsewhere.

•Accepted the resignation of Arthur J. Bryant, a maintenance man, effective April 30.

•Tabbed until the May meeting a request by John Latta to use the gymnasiums at Cahokia High School and Wirth Junior High School for the purpose of holding a basketball camp June 4-8.

•Rescheduled the May 7 board meeting to May 8 because of a conflict in scheduling.



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SIUE celebrates Earth Day anniversary



BAG IT UP: Tony Bacott, left, holds the bag for R.S. Lauderdale as the two scour Camp Jackson Road for trash Saturday. The two were part of a group of five led by Norma Bacott and that also included Steve Bacott and Janet Rudd. Volunteers filed the streets of Cahokia for about two hours Saturday morning during the Keep Cahokia Beautiful project's first litter pickup. The event had been postponed from March 31 due to rain.

The 20th anniversary of the original Earth Day, which sparked America's consciousness toward bettering the environment, is being celebrated at Southern Illinois University at Edwardsville with more than two weeks of mid- and late-April events on campus.

One of the keynote speakers at the SIUE observance will be Peter Raven, an avid environmentalist and director of the Missouri Botanical Gardens. Raven will speak about "The Sustainability of the Earth: A Common Responsibility" from 11:30 a.m. to 1 p.m. Tuesday, April 17, in Meridian Hall of SIUE's University Center.

It was former U.S. Senator Gaylord Nelson who conceived the idea of the first Earth Day, April 22, 1970, a day when 12,000 schools, colleges and universities and 20 million Americans took a visible stand about the state of the environment.

Out of that massive demonstration of public concern came the Federal Clean Air and Clean Water acts, the establishment of the Environmental Protection Agency and a variety of parallel agencies within each of the 50 states.

Advancing the EPA to cabinet-department status currently is being considered by the federal government.

Earth Day 1970 has been called the largest organized demonstration in history, with its activities ranging from nature walks to direct action against major pollutants.

The mayor of New York banned automobiles from Fifth Avenue on that day 20 years ago, and Congress adjourned to enable members to attend "teach-ins" in their respective districts.

Nelson, who is now a counselor for the Wilderness Society in Washington, D.C., and honorary co-chairman of Earth Day 1990, said in a statement to coordinators of this year's celebration at SIUE:

"My goal for Earth Day 1970 was a demonstration so large it would force the environmental issue into the political dialogue of the nation."

"The single, most important objective of this 20th anniversary is a worldwide demonstration so overwhelming that it literally shakes the political leadership of the world out of its lethargy — and galvanizes it into a monumental cooperative effort to stop the deterioration of the planet and begin its restoration."

Continuing from April 11 through April 27 at SIUE, Earth Day 1990 programs will involve environmental issues and the effect of the human race on the

planet.

Helen Caldicott, a pediatrician and environmentalist, will speak about "Global Environmental Preservation" at 7:30 p.m. Wednesday, April 11, in Meridian Hall. Dr. Caldicott's appearance is part of SIUE's Arts & Issues Series.

Other scheduled events include:

•A presentation of the "Gorilla Conservation Program at the St. Louis Zoo," by Ingrid Porton, assistant curator of mammals at the St. Louis Zoo, from 7:30 to 9 p.m. Wednesday, April 18, in SIUE's Lovejoy

Library auditorium.

•A talk by environmentalist and SIUE Chemistry Prof. F. Henry Firsching, who will speak about "Global Warming" from 2:30 to 4:30 p.m. Thursday, April 19, in the Lovejoy auditorium. Earth Day also includes native American cultural arts exhibit and film series, a World Food Day teleconference, a CROP hunger walk, an environmental fair and a showing of the film "Koyaanisqatsi."

For more information, persons may call SIUE's Carol Rimmel, Student Leadership Development Center at 692-2686.

Village clears way for new pizza shop

By Steve Horrell
Staff writer

CAHOKIA — The Cahokia Village Board approved an ordinance that clears the way for the construction of a Domino's Pizza on Camp Jackson Road.

The ordinance allows Magna Bank to subdivide into two parcels a portion of property the bank owns on Camp Jackson Road. One parcel will be sold for use as the pizza shop.

Construction will begin some time this spring, according to Village Planner Paul McNamara.

The board also approved a plan for a proposed subdivision on the south side of Ruby Street. The board is expected to pass an ordinance giving final approval to the Ruby Court Subdivision at its April 17 meeting. The plan calls for the construction of five homes. Two homes are already on the property. The 1,200-square-foot homes will sell for about \$45,000 and \$50,000, McNamara said.

In other news, the board: •Appointed a committee headed by Trustee Joe Vignini to review bids on five police vehicles and one truck recently put up for sale by the village. Bids were opened at Tuesday's meet-

ing. The committee will meet with Cahokia Police Capt. Larry Sanderson to decide whether or not to accept the bids and will make recommendations to the board at the April 17 meeting.

•Approved business licenses for Chris' Restaurant, 317 Jerome Lane. The business will be operated by George C. Demetruila, 833 LaSalle Drive, Cahokia.

•Approved a business license for "Cuts" Fluff Dog Grooming, 2400 Mousette Lane. The business will be operated by Katherine J. Pool, 2344 Carol St., Cahokia.

Hall announces rate comparison program

State Sen. Kenneth Hall, D-East St. Louis, chairman of the Senate Committee on Appropriations II, announced a new program that will make it easier for consumers to compare automobile insurance rates under the state's new Mandatory Auto Insurance law.

According to Hall, "Since the new law went into effect, we've seen people scrambling around all over the place trying to buy insurance to comply with the law."

The new program will make it possible for Illinois consumers to compare auto insurance rates at their local libraries.

A rate manual, listing sample liability and physical damage

premiums, will be available in all public and academic libraries under the new program. The manual was developed by the Illinois Department of Insurance and made available to the public by the Secretary of State's Office.

"It is unfortunate that a few people are being taken in by unscrupulous insurance agents and a lot of other people find they could have gotten insurance much cheaper if only they had a chance to compare prices. Now that auto insurance is required by law, it's more important than ever that the public be well-informed about all the insurance products that are out there," Hall said.



THINGS TO COME: Michael Smith of Cahokia teaches American Indian games to children in the St. Louis area. Smith will present a Native American program at Cahokia Public Library at 7 p.m. April 17 to celebrate Earth Day.

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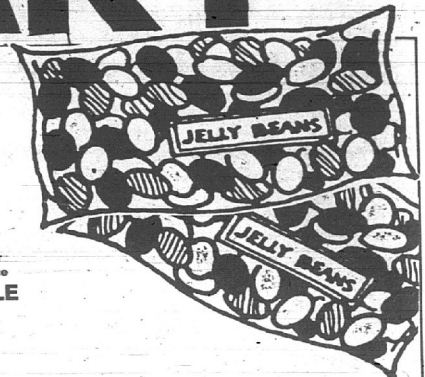
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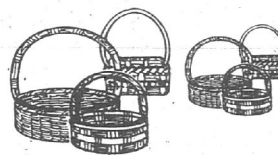
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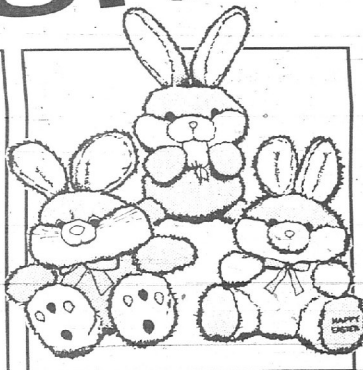
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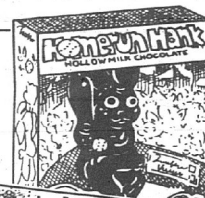
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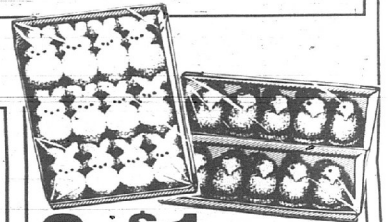
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Marshmallow Bunnies or Peeps
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1.14 Sale

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75¢ Sale

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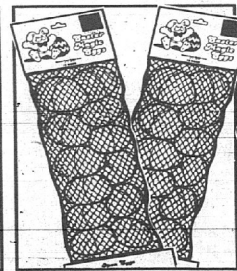
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School

Honor students at Cahokia High

Principal Larry Taylor has announced the names of students on the honor roll at Cahokia High School for the third quarter of the 1989-90 school year. An asterisk denotes a 4.0 grade point average. They include:

Freshmen: Paula Cradic, Chad Gordon, Nylah Orr, Charles Poindester, Kristie Ralcliff, Tamatha Scott, Sherri Armstrong, Christopher Bennett, Linda Jackson, Randall Kennon, Mark Kratz.

Sophomores: Kristine Miller, Twanice Mitchell, Minnette Pigg, Lynn Schuetz, Shannon Taylor, Autumn Zarske, Kim Griffin, Melissa Jarrell, Rhonda McClain, Lisa Outland, Kelly DeWitt, Becky Guley, Charles Kasban, Han Lam, Dearnia Meyer, Dan Pratt, Brian Stelzer.

Juniors: Kim Gibson, Becky Bettis, Ramon Wright, Jennifer Ertel, Patricia Ford, Arnetra Gilham, Tanya Hook, Michael Morris, Melissa Newell, Kristi Spisak, Susan Whittaker, Monica Zavala, Crystal Bateman, Charles Butler, Vanitta Garrett, Tammy Hedgcoth, Katrina Houston, Todd Jones, Nhat Lam, Cathy Nunn.

Seniors: "Tracy" Owensby, "Russell" Pratt, Chris Fulcher, Walter Sykes, Carolyn Day, Eric Gillan, Teresa Hearty, Melanie Jobst, Dawn Moskow, Michelle Nuckles, Celeste Pruitt, Jessie Steiner, Oakley Hankins, Brian Jackson, Mardavi Martin, Susan Rudolph, Patricia Shaw, Robert Schlatweier, Beverly Schmidt, Greg Tindall, Ruth Underwood, Michele Whiting.

Fourth grade: high honors, Traci Bollinger, Mary Branson, Gary Camp, Emilie Messner and Ellen Spears; honors, Brian Cox, Dennis Ertle, Jeannette Hoss, Craig McClain, Terra Parnell, Amber Portell, Johnna Soeder and Michael Whitten.

Fifth grade: high honors, Ahma Caldwell, Joshua DeJarnette, Norah Farley, Ruby Farr, Vanessa Haas, Jessica Hamilton, Michael Harris, Amanda Harvell, Chad Harvell, Joey Haven, Jill Hendrix, Jason

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ard, Chris Monroe, James Plummer, Norma Sandlin, Angela Vaughn.

Dupo Grade School honors 64

Principal Georgia Horn has announced the names of students on the honor roll at Dupo Grade School following the third quarter.

High honors were given to students with a grade point average of 4.5 - 5.0. Honors went to students with a grade point average of 4.0 - 4.9.

Those named include: Sixth grade: high honors, Traci Bollinger, Mary Branson, Gary Camp, Emilie Messner and Ellen Spears; honors, Brian Cox, Dennis Ertle, Jeannette Hoss, Craig McClain, Terra Parnell, Amber Portell, Johnna Soeder and Michael Whitten.

Fifth grade: high honors, Ahma Caldwell, Joshua DeJarnette, Norah Farley, Ruby Farr, Vanessa Haas, Jessica Hamilton, Michael Harris, Amanda Harvell, Chad Harvell, Joey Haven, Jill Hendrix, Jason

Horn, Brian Kentch, Brian Kremmel, Tom McGeehan, Dennis Pashia, Jennifer Payne, Angela Pechesino, Joseph Pifer, Angela Proffitt, Bradley Sager, Amanda Uhrhan, Lori Vanover and Ray Wisdom; honors, Michel Buatte, Katy Cafarella, Angela Fillingier, Tosha Fitch, Joshua Griner, Joyell Lindley, Justin Mahis, Andrew McFadden, Lesley Nichols, Gary Rowton and Jeremy Veath.

Fourth grade: high honors, Deanna Bell, Mark Branson, Sean Harris, Kendra Horsley, Sara Paschke, Brian Phelps, Wingo Smith, Brandi Varner and Jeffrey Wyrick; and honors, Danielle Dell, Jenny Gold, Michael Heggemeyer, Jonathan Lanmann, Bridget Marlow, Steven Lovelace and Sabrina Travins.

Cahokian named in college Who's Who

Patrick Michael Phillips of Cahokia, will be included in the 1990 edition of Who's Who Among Students in American Universities and Colleges.

A student in Sangamon State University's history teacher education program, he is the son of Dennis and Pat Phillips of Cahokia.

Phillips, who attended Belleville Area College, plans to receive his bachelor's degree from Sangamon State in 1991. He is a member of Sangamon State's Prairie Stars soccer team and hopes to teach high school social studies and coach soccer. He would also like to pursue a master's degree at Sangamon State.

Phillips joins an elite group of students selected from more than 1,400 institutions of higher learning in all 50 states.

Penniman spellers compete

Third, fourth and fifth grade pupils at Penniman School competed in their annual Spelling Bee during March.

The winners at each grade level received dictionaries, trophies, ribbons and engraved plaques and their names were placed on a recognition display in the school's main hall.

Serving as judges for the "Bee" were Patricia Mayes, a fifth-grade teacher, Charlene Purnell, a fourth-grade teacher in the academically talented class, and Miss Stumpf, a third

grade teacher.

Top contestants by grade were: Third grade - Josh Litzler, first place, Ken Diers, second, Sherree Jordan, third, and Lori Busby, fourth place.

Fourth grade - Drew McEntire, first place, Thad Abernathy, second, Rachel Rickford, third, and Lynette Jones, fourth place.

Fifth grade - Tara Miller, first place, Brian Kollack, second, Latonia Stringfellow, third, Karkiska Simmons, fourth place.

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Month of March keeps band busy

The words "March Madness" usually bring to mind thoughts of the state basketball tournament, or the road to the "final four."

At Cahokia High School this past month, a form of "March Madness" took hold of the music department. The band and the various choral groups were involved in a busy schedule of concerts and competitions.

On Thursday, March 15, a group of 17 members of the Cahokia High School Band participated in the St. Clair County Band Festival.

Students selected for the county band were: Kim Gibson — alto saxophone; David Dobbs and Tammy Kasperick — baritone; Bobby Grosser — bassoon; Eddie Starr — baritone saxophone; Heidi Fischer and Becky Bettis — clarinet; Mike Gaynor — french horn; Jared Shaw and

Todd Davis — cornet; Diane Mokriakow and Shonda Beverly — flute; Scott Pattillo, Maria Turner and Gerald Godier — trombone; and Ricardo Liddell — drums.

The youthful musicians joined 145 students from other area high schools to form the St. Clair County Band. Following an afternoon of practice, the band performed a 7 p.m. concert at Belleville Area College.

Also during the past month, CHS students in the vocal music classes entered the Solo/Ensemble Competition held at Belleville West High School.

Cahokia High was represented by eight entries in the contest, including a mixed ensemble, consisting of Crystal Bellmon, Travis Downs, Laura Goss, Bobby Grosser, Tammy Kasperick, Steve Letempt, Drummond Miller and Catherine Rodgers, which achieved a first place rating.

Solo entrants included: Travis Downs, Bobby Grosser, Katrina Houston, Tammy Kasperick, Drummond Miller, Catherine Rodgers and Kindra Grinston. The seven entrants earned six first place ratings and one second place.

The Cahokia High School Choral Program is directed by Penny Besse.

On Tuesday, March 20, the band performed its spring concert under the direction of C.T. Moore.

The concert opened with "A Marching Song" by James D. Ployhar, featuring drums and trumpets, followed by "Northwest Overture" by Jay Chatta-

way. "Mountain Majesty" by Paul Yoder showcased the cornets and woodwinds. Next was "Reverie" as arranged by Frank Erickson.

"Joshua" by Paul Yoder, featuring hand-clapping piece, topped the brass section.

The concert concluded with "Red's White and Blue March," a Red Skeleton number arranged by Frank Erickson. The drums and flutes led off the march and were joined by the other sections, one at a time, until the full band brought the patriotic number to a rousing finale.

So ends the flurry of "March Madness" in the CHS Music Department.

Dual-degree program results

Missouri Baptist College and the College of Engineering, University of Missouri-Columbia have agreed to participate in a cooperative arrangement which provides for a jointly sponsored dual-degree program.

Students who successfully complete the initial three-year

segment of the program at Missouri Baptist College will be permitted to continue through the two-year segment in the College of Engineering at Columbia. Final completion of the five-year program will result in the student receiving two baccalaureate degrees.



PARKS GRADUATE: Karen Kelly recently received an Airframe and Powerplant certificate from Parks College of St. Louis University. One of the first graduates in the Special Programs in Aerospace Career Education (SPACE), sponsored by the State of Illinois, Kelly is shown with Dr. Tim Brady, director of the SPACE program and dean of institutional advancement/external programs at Parks College. She is the daughter of Marie Garner of Cahokia and a resident of Barnhart, Mo.

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Area garden clubs install new director

Bea Halford of the Edwardsville Garden Club was installed as director of District V Garden Clubs during the district's 38th annual meeting held March 22 at St. Luke's Parish Center in Belleville.

Members welcomed LaVerne Laycock, president of The Garden Clubs of Illinois, Inc., who served as the installing officer.

Installed with Halford were: Gerry Thord, Holiday Shores Garden Club, vice chairman; Carol Holbert, Lakewood Garden Club, corporate secretary; and Katie Kaganich, Green Oaks Garden Club, historian.

Laycock addressed the group on current state activities and extended an invitation to the state convention on April 16-17.

St. Clair County Garden Club was host for the event, which attracted a total of 95 members and guests from 15 clubs.

Clubs represented were: Cahokia Garden Club, Cloverview Garden Club, Collinsville Garden Club, Creative Gardeners, Edwardsville Garden Club, Fairview Heights Garden Club, Garden Study Garden Club, Green

Oaks Garden Club, Holiday Shores Garden Club, Lakeview Garden Club, Mascoutah Garden Club, St. Clair County Garden Club, Shiloh Valley Garden Club, Trenton Tumblewoods and Wood River Garden Club.

Trish Haisler, the retiring director, presided over the meeting.

Each club president and committee chairman gave a report on highlights of their activities during the year. Halford also led a memorial service for eight deceased members.

Guest speaker Frank Holdener of the Missouri Botanical Garden described methods of handling plants after the recent freeze and what to expect.

Don't do anything about damaged plants until after their normal blooming time, Holdener advised. He gave important information on pruning and caring for summer bulbs, when to divide lilies, iris, daisies and chrysanthemums, and answered many questions.

Awards for artistic designs entered by clubs went to: Class I, "The Booming 90s,"

try/Archdiocese of St. Louis, Task Force on Separated and Divorced, Ministry/Diocese of Belleville, Phoenix Divorce Ministry/Springfield, Ill., Diocese, Family Life Office/Diocese of Jefferson City, Mo., and Southern Illinois Divorced/Separated Catholics.

For additional information or registration, Brother Bill Johnson, OMI, of the Family Program at the Shrine can be contacted at 397-6700 (TTY) or, from St. Louis, 241-3400 (TTY).

Conference for divorced, singles

The second annual Conference of Divorced, Separated, Single and Widowed — "New Horizons" — will be held Saturday, April 29, at the National Shrine of Our Lady of the Snows, 8 a.m. to 9 p.m. in the Dr. Tom Dooley Center. Those associated with all religious traditions will be welcome.

Deadline for registration is April 14.

St. Grace Marie Mueller, Ph.D., will be the keynote speaker. She played a key role in the founding of the Arise Divorce Ministry in St. Louis.

The local conference also will include workshops, personal time and a Catholic Mass. There will be a candlelight reconciliation service for all faiths, a social gathering and rap sessions. Continuing education credits are available for pastoral ministers, catechist certification, deacons and deacon candidates.

Cooperating are the National Shrine of Our Lady of the Snows Family Program, Metro East Social Singles, Arise Minis-

Parklane Academy to enroll Saturday

Parklane Baptist Academy, 1771 Camp Jackson Road, Cahokia, will hold enrollment for the 1990-91 school year beginning Saturday.

The academy is a private Christian school offering instruction in kindergarten through 12th grades.

For information, call 337-1376.

Fairview Heights, blue; St. Clair County, red; Shiloh Valley, yellow; Wood River, white; and Class II, "A Tisket A Tasket," (all fresh plant material), Wood River, blue; Shiloh Valley, red; Cahokia, yellow; Fairview Heights, white; (fresh and dried) Edwardsville, red; Green Oaks, yellow; (all dried), Holiday Shores, red; and Trenton, yellow.

The following awards were given for horticulture displayed:

Lillian Correll, one blue; Betty Scott, one blue, one red; Pat

Correntano, one red; Eleanor Dubetz, one red; Lucy Woodring, one blue, one red; Bonnie Rutkowski, one blue, one red; Dorcas Brach, two blue, one red; Jeanette Major, two blue; Dorothy McMullen, one blue, one yellow; Clara Winter, two blue, one yellow; Maxine Schuette, three blue; Ruth Phillips, two blue; Mary Stonum, two blue, one red; Gerry Thorp, two blue; Christine Hornberger, one blue; Mildred Lorenzen, two blue, one red; and Mildred Rank, one blue and two red.

Cahokia-Dupo Senior Menus

A calorie count is given after each food item. Donations for daytime meals are \$1.50 and for evening meals, \$2.

Wednesday, April 11

Sweet and sour pork 349, steamed rice 38, sliced carrots 24, pineapple chunks 50, dinner roll 92, jelly with topping 121.

Thursday, April 12

Veal cutlet with mushroom gravy 257, whipped potatoes, 55, vegetable medley 32, marinated tomato 17, salad, wheat bread 55,

chocolate cake 282.

Friday, April 13

Swiss steak 275, AuGratin potatoes, 63, mixed vegetables 32, grape juice 61, dinner roll 92, vanilla ice cream 114.

Monday, April 16

Chicken and dumplings, sliced carrots, peas and mushrooms, pineapple juice, ice cream.

Tuesday, April 17

Beef fried rice 289, mixed vegetables 32, carrot, pineapple, 52, salad, dinner roll 92, pecan pie 305

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How to submit your articles

*Items for the organizations page, which includes both clubs and churches, may be directed to the Cahokia-Dupo Journal at

1010 Camp Jackson Road, Cahokia, Ill. 62206. Photos of a reprintable quality also will be considered for publication.

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Accompanist - Ann Lilly

As the sun's rays break over the Eastern Horizon at 6:30 a.m., as the golden tones of the trumpet's ring out on the morning air, as the melodious voice of the singers and the dynamic proclamation of the clergy, all join in the glorious theme "He is risen", you feel that you are certainly a part of the Easter Story.

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SCRIPTURE READING - Mr. Galen J. Norman, Family Service Counselor, Valhalla Gardens of Memory
VOCAL DUET - "Was it a Morning Like this and 'The Lord's Prayer,'" Rev. Richard and Barbara Grindstaff
First Assembly of God Church
FLAG RAISING CEREMONY - Boy Scout Troop 529, Queen of Peace Church
LIVING CROSS - John's Daughters Bethel 24 - Renee Webb, Queen
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By Mike Kelly
Staff writer

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•No-hitter

(Continued from Page 8A)

earned his first no-hitter in 11 years of coaching. "He had his pitches working and everything seemed to go his way. I'm happy of fastballs and curves. The only Comanche batter to make solid contact against Woodward was Bill Begis, who drilled a sharp grounder to third base in the third inning that was mishandled by Matt Ori for an error," said Woodward. "I knew Cahokia had a pretty good hitting team, so I decided to show them some heat and then I threw the curve ball. It was just a good mixture of my pitches."

"It's a great feeling and it was on my mind the entire day. I knew I had the no-hitter going, especially when we got into the late innings. So I reached back for something extra in the last two innings. But that (Begis) worried me. He made solid contact on me in the third and I was afraid he might squeak on through for a hit in the late innings."

Begis was on deck when Brian Choate flew out to end the game.

"I usually call the pitches from the sidelines, especially the changeups," said Pink. "But I think I only called one changeup today. Chris was on top of his game."

"The kid never allowed us to make solid contact," said Cahokia coach Warren Ittner. "We couldn't do anything with him offensively. All we could muster were a few fly balls out of the infield and those things aren't very hard to field."

O'Fallon (3-2) scored all the

runs it needed in the sixth inning. Chris Meade led off with an infield single and stole second. A walk to Derek Ditzler was followed by a double steal before Brice Ritter walked to load the bases. Designated hitter Mike McEvilley brought Meade home with the only run Woodward needed on a bunt single.

The Panthers added a pair of insurance runs on a suicide bunt by Ori and a bunt by Walter Owens that caused some controversy. Owens bunted in the air and catcher Steve Francis attempted to catch the ball. But Ditzler was coming down the line and bumped Francis, who dropped the ball and the run scored.

The home plate umpire ruled there was no interference and that the run scored while Owens was out.

"There was definitely interference on the play," said Ittner. "Steve came out to catch the ball and the runner bumped him. (Ditzler) should have been out and the run shouldn't have counted."

But the Comanches had no one to blame but themselves. They could only muster four hits on the afternoon and left eight men on base. They wasted terrific pitching efforts by Ron Touchette (in the first game) and Kevin Brown.

Brown's loss was especially tough to take because the senior righthander only allowed three hits in his first start of the season.

"They executed when they had to," said Brown. "They laid down some beautiful bunts at the right time and it got them the victory. But we can't complain because we just didn't hit the ball. A loss is tough to take, but to lose with a no-hitter really hurts."

"You can't win if you don't score," said Ittner. "We wasted two solid pitching performances against a team we should have beaten. O'Fallon is a good team, but one that we should compete against fairly well. We should have had a split today."

O'Fallon took advantage of Cahokia's poor fielding and mental mistakes to score six unearned runs in the first game. The Panthers finally broke the contest open with a four-run sixth inning.

Brown had Cahokia's only RBI with a single in the sixth that scored Chris Monroe, who reached on an error. Winning pitcher Steve Lawrence was in control as he retired 13 men in a row during one stretch.

The Comanches have lost three in a row, while the Panther, following their 0-2 start, have won three straight.

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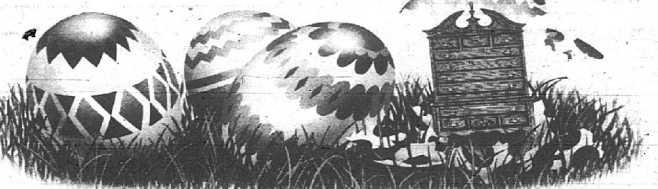
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(In case of rain, the Egg Hunt would be held on Saturday, April 21st - same time & place)

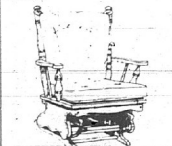
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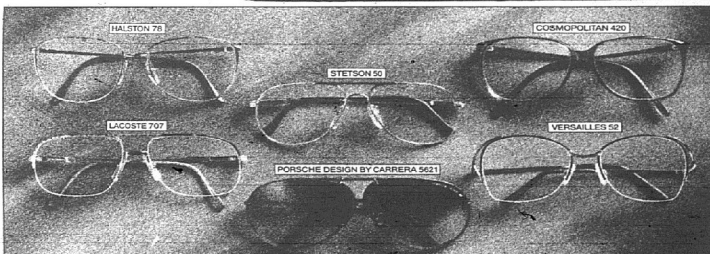
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Lunching

By Janice Deñham
Journal Food Editor

Lunch isn't what it used to be. It's better. Gone are the days of three martini lunches. Here come lunches with sparkling water or, at the least, water with a twist of fresh lemon. The admonishment to "eat your fruit and finish your vegetables" is a delicious admonition.

The delight of eating the minimum daily suggestion of five fruits and vegetables at a single sitting makes wonderful sense at lunch. The table brims with lettuce and all kinds of ingredients.

The dark ages when grapes and peaches did not have a winter season have been abolished through the courtesy of arbores and orchards in the Southern Hemisphere. Just as spring erupts with its tender flowers, it also holds fresh spinach and peas ready to pass through wet and cold clay. While California and southern states burst with pride over their ruby strawberries, local berries begin their precarious journey to produce fruit in neighboring gardens.

Snacking on fruits and vegetables is freshness at its finest. Hungry snackers cannot avoid a colorful nectarine, plum or pear in a fruit basket. Dried fruits like apricots, peaches, pineapple and prunes provide variety when fresh ones are at an ebb. Fruit that will ripen after being picked will be ready to eat faster if kept at room temperature in a brown paper bag.

Fresh vegetables cut and ready to serve from the refrigerator help put lunch on the table in a jiffy. Keep cut fruits and vegetables in a plastic bag to avoid air contact. They can be eaten fresh on the side, mixed in salad or sautéed. Everything from backyard asparagus to center-lawn dandelion finds its way to the lunch table this time of year.

The Missouri Bankers Association kept this in mind when it put together "Celebrate," its centennial cookbook. The book is a combination of six cookbooks, each chapter including a variety of recipes instead of segregating them

by use. Bill Ratliff of the state bankers' office said the organization wanted to do more than "wish each other a happy 100th birthday and it's over in an hour and a half. The cookbook turned out to be one of the things that would be more enduring."

With the wives of former association presidents at the helm, the project received about 3,000 recipes for possible publication. The committee narrowed the selection to fit on 300 pages.

They start with Missouri-styled foods — mainly using fresh fruits, vegetables and other products — and move to

lighter foods, men's culinary interests, special-occasion recipes and finally selections from chefs. The book contains recipe after recipe and a few serving ideas instead of individual reference to authors.

"Last month one of the banks had a potluck dinner down in Branson," Ratliff said. "They each brought a dish made from a recipe in the book. So they found out 55 dishes are really delicious."

Money from book sales will pay St. Louis artist L. Edward Fisher for three murals to hang in the Missouri State Information Center being built in Jefferson City. Each oil painting depicts a view of the Missouri River from the same location in 1804, 1904 and 2004. The first mural is finished, the second will be ready for the bankers' convention in St. Louis in June and the final one will be started during the year 2003.

Anyone wishing to enjoy more than our preview of Strawberry Spinach Salad, Fresh Rhubarb Pie, Mustard-Sauced Asparagus, Waldorf Nouvelle Salad and Spring Mint Pea Soup may order a cookbook for \$15 plus \$1.50 postage and (for Missouri residents) \$1.06 tax by sending check or money order to "Celebrate," Missouri Bankers Association, P.O. Box 1338, Jefferson City, Mo. 65102. The book is available locally at Mercantile Bank, Eighth and Locust, the Mercantile facility at Gravois and Lindbergh, and St. John's Bank and Trust, 8924 St. Charles Rock Road.

Veggies, Fruit Make Meal A Healthy One

FRESH RHUBARB PIE

- 3 cups fresh rhubarb, diced
- 3 cups dried bread crumbs
- 3 eggs
- 2 cups sugar
- 1 (8 inch) unbaked pie shell
- 4 tbsp. butter

Mix rhubarb, bread crumbs, eggs and sugar until rhubarb and bread crumbs are well coated with sugar and eggs. Place mixture in pie shell. Top with butter. Bake in 375° oven 30 minutes or until brown.

Yields 8 servings.

MUSTARD-SAUCE ASPARAGUS

- 1 lb. fresh asparagus
- 2 hard-cooked eggs
- 1/2 cup dairy sour cream
- 1/2 cup mayonnaise
- 1 tsp. dry mustard
- 1 tsp. finely chopped green onion
- 1/2 tsp. vinegar
- 1/4 tsp. salt

Steam asparagus until tender-crisp. Combine sour cream, mayonnaise, dry mustard, onion, vinegar and salt. Pour over asparagus. Grate eggs over all. Note: Mustard sauce can be refrigerated and served over other vegetables. Yields 4 servings.

Glazed ham

- 3 lb. boneless, fully-cooked, smoked ham half
- 1/4 cup apricot preserves
- 1 tsp. horseradish mustard

Place ham on rack in open roasting pan. Insert meat thermometer so bulb is centered in thickest part. Do not add water. Do not cover.

Roast in 325° oven until thermometer registers 130° to 140°, allowing about 18 to 25 minutes per pound. Combine preserves and mustard. Spread over ham 20 minutes before end of cooking time.

Vegetable strata

- 1/2 lb. trimmed fresh asparagus, cut in 1 inch pieces
- 1 medium red bell pepper,

- chopped
- 1 tsp. butter
- 1 small onion, chopped
- 6 cups (1 1/2 inch cubes) Vienna or French bread
- 2 cups (8 oz.) shredded Swiss cheese
- 2 cups milk
- 4 eggs, beaten
- 1/2 tsp. paprika
- 1/2 tsp. salt

Over medium-high heat, in butter cook and stir asparagus and onion 2 minutes. Add onion. Cook 1 minute or until vegetables are tender-crisp.

Lightly grease bottom and sides of 12-by-8 inch baking dish. Place half the bread cubes in dish. Top with half vegetable mixture and half cheese. Repeat layers.

Combine milk, eggs, paprika and salt. Carefully pour over layers. Refrigerate, covered, 12 to 24 hours.

Bake in 350° oven 50 to 55 minutes until center is set and top is golden brown.

Makes 8 servings.

PEACHY OAT MUFFINS

- 2 cups whole wheat flour
- 1 cup uncooked oats
- 1/2 cup wheat bran
- 1/2 cup packed brown sugar
- 1/2 tsp. baking soda
- 1 tsp. salt
- 2 eggs
- 1 1/2 cups buttermilk
- 1/4 cup oil
- 3 fresh peaches, finely chopped, or 2 cups chopped fresh pears, nectarines or plums
- 3 tsp. orange zest
- 1 1/2 tsp. cinnamon

Combine flour, oats, bran, brown sugar, baking soda, salt, eggs, buttermilk, oil, peaches, orange zest and cinnamon in mixing bowl. Stir until blended.

Spoon batter into 2 1/2-inch nonstick muffin cups. Bake in 400° oven 20 minutes or until pick inserted in center comes out dry.

Serve warm.

Makes about 20 muffins.

WALDORF NOUVELLE SALAD

- 1 red delicious apple, cored, chopped
- 1 golden delicious or granny smith apple, cored, chopped
- 1/2 cup seedless raisins
- 1/2 cup golden raisins
- 1/2 cup chopped celery
- 1/2 cup cubed cheddar cheese
- 1/2 cup chopped macadamia nuts
- Juice of 1 orange
- 1 cup (8 oz.) vanilla yogurt
- Cinnamon

In medium bowl, combine red and golden apples, seedless and golden raisins, celery, cheese and nuts.

Blend orange juice into yogurt. Pour over salad. Toss well. Sprinkle cinnamon on top.

Yields 8 servings.

STRAWBERRY SPINACH SALAD

- 2 bunches fresh spinach, washed, dried
- 1 pt. fresh strawberries, halved
- 1/2 cup sugar
- 2 tsp. sesame seed
- 1 tsp. poppy seed
- 1/2 tsp. minced onion
- 1/2 tsp. Worcestershire sauce
- 1/4 tsp. paprika
- 1/2 cup oil
- 1/2 cup cider vinegar

Place sugar, sesame seed, poppy seed, onion, Worcestershire sauce and paprika in blender. With blender running, add vinegar and oil in slow, steady stream until thoroughly mixed and thickened. Dressing may be made ahead and refrigerated.

Drizzle dressing over strawberries and spinach on individual plates or mix together thoroughly in large salad bowl. Serve immediately.

Makes 6 to 8 servings.

SPRING MINT PEA SOUP

- 2 1/2 to 3 cups fresh peas or 2 pkg. (10 oz. each) frozen peas
- 1/2 cup water
- 1/2 tsp. salt
- 2 cups chicken broth
- 3 to 4 drops (or more) pepper sauce
- 2 cups dairy sour cream
- Paprika
- Sprigs of fresh mint

Combine peas, water and salt in saucepan. Bring to boil. Simmer, covered, 15 minutes. Allow to cool slightly. Puree in blender or food processor. Add broth and pepper sauce. Process until smooth. Chill.

To serve, stir in 1 cup sour cream. Ladle into soup bowls. Top soup with dollop of sour cream. Sprinkle lightly with paprika and garnish with sprig of mint.

Note: Plain low-fat yogurt may be substituted for sour cream.

Yields 6 servings.

It's Easter! Festive holiday buffet springs ham and eggs in new-fashion

To make Easter entertaining a breeze, plan a festive buffet. Especially suited to the carefree spirit of the season, a buffet makes both cook and guests feel comfortable. All foods are served at once and guests are free to help themselves.

When choosing a menu, remember the main centerpiece on the table is the food. Glazed Ham and Vegetable Strata are a perfect example of a winning buffet pair. Spotlighting two time-honored favorites, ham and eggs, it provides both make-ahead and microwave cooking convenience.

Choose boneless, fully cooked, smoked ham. Half a ham provides four to five three-ounce cooked servings per pound. A boneless ham is leaner, has little fat and makes carving a cinch.

Vegetable Strata is full of seasonal favorites like asparagus and sweet bell peppers and is assembled ahead. It bakes conventionally while the ham heats in the microwave, if desired — to its flavorful best.

For true simplicity, set the serving table with a basket of colorful tulips or daffodils and a few decorated Easter eggs.

Glazed ham

- 3 lb. boneless, fully-cooked, smoked ham half
- 1/4 cup apricot preserves
- 1 tsp. horseradish mustard

Place ham on rack in open roasting pan. Insert meat thermometer so bulb is centered in thickest part. Do not add water. Do not cover.

Roast in 325° oven until thermometer registers 130° to 140°, allowing about 18 to 25 minutes per pound. Combine preserves and mustard. Spread over ham 20 minutes before end of cooking time.

Vegetable strata

- 1/2 lb. trimmed fresh asparagus, cut in 1 inch pieces
- 1 medium red bell pepper,

- chopped
- 1 tsp. butter
- 1 small onion, chopped
- 6 cups (1 1/2 inch cubes) Vienna or French bread
- 2 cups (8 oz.) shredded Swiss cheese
- 2 cups milk
- 4 eggs, beaten
- 1/2 tsp. paprika
- 1/2 tsp. salt

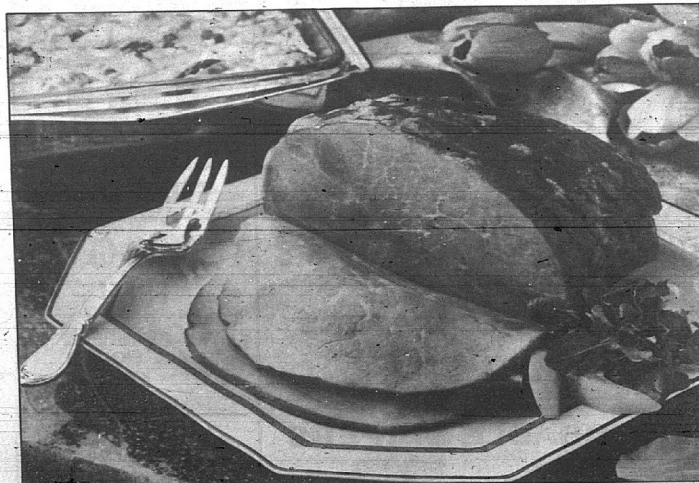
Over medium-high heat, in butter cook and stir asparagus and onion 2 minutes. Add onion. Cook 1 minute or until vegetables are tender-crisp.

Lightly grease bottom and sides of 12-by-8 inch baking dish. Place half the bread cubes in dish. Top with half vegetable mixture and half cheese. Repeat layers.

Combine milk, eggs, paprika and salt. Carefully pour over layers. Refrigerate, covered, 12 to 24 hours.

Bake in 350° oven 50 to 55 minutes until center is set and top is golden brown.

Makes 8 servings.



A DELICIOUS FEAST is easy to prepare when Glazed Ham with Vegetable Strata is spotlighted on a glorious buffet table.

Put all eggs in one basket: serve show-hopping bunny

In festive shapes and bright colors, Easter breads are traditional in countries as diverse as Norway, Great Britain, Switzerland and Brazil. Neighborhood bakeries in the United States have continued part of this rich culture, displaying decorative loaves that go home for the celebration.

Today, bakers at home want recipes that are simple and easy to follow, and ones that even shortcut traditional preparation. Putting this information to use, try specialty breads that use hot roll mix, with a rising time of only 30 to 40 minutes.

An all-American symbol of Easter, the bunny, can spring to life in the kitchen with fresh-from-the-oven Honey and Spice Buns, decorated with red licorice whiskers and jellybean eyes.

Flavored butter adds a special touch that also is flavorful and simple to prepare.

Honey and spice bunny

1 pkg. (16 oz.) hot roll mix
1 tsp. cinnamon

1/2 tsp. ginger
1/2 tsp. nutmeg
1/2 cup hot water (120° to 130°)
1 cup plus 1 tbsp. honey
6 tbsp. margarine or butter, softened
1 egg
1 1/2 cups confectioner's sugar
2 to 3 tsp. milk
Jellybeans or gumdrops
String licorice

Grease cookie sheet.
In large bowl, combine yeast from foil packet, cinnamon, ginger and nutmeg with flour mixture. Blend well. Stir in water, 1/4 cup honey, 2 tablespoons margarine and egg until dough pulls away from sides of bowl.

Turn dough onto floured surface. With greased or floured hands, shape dough into ball. Knead dough 5 minutes until smooth. Cover with large bowl. Let rest 5 minutes.

On lightly greased surface, shape dough into 30-inch rope. Cut 5-inch piece from end to reserve for bunny's tummy and tail.

To form bunny, fold rope in half and twist ends together twice. Place on greased cookie sheet. Spread ends to form ears; pinch tips of ears into points, tipping one to the side for a floppy ear.

For bunny's body, shape bottom half into small circle. To form bunny's tummy, shape two-thirds of reserved dough into ball; place in circle opening. To form tail, shape remaining dough into small ball; place to left of bottom circle.

Cover loosely with plastic wrap and cloth towel. Let rise 30 to 40 minutes on wire rack set over large pan of hot water.

Uncover dough. Bake 18 to 25 minutes in preheated 350° oven until golden brown.

In small bowl, combine 2 tablespoons margarine and 1 tablespoon honey. Brush over bunny immediately after removing from oven. Return to oven. Bake 3 minutes more. Remove from cookie sheet. Cool completely.

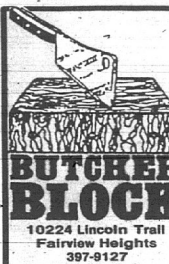
In small bowl, combine confectioner's sugar, 2 tablespoons margarine and milk. Blend until smooth. Frost center of bunny's ears, face, tummy and tail. Decorate with jellybeans and licorice to make face. Serve with Honey Butter.

Makes 16 servings.
Honey Butter: In small bowl, blend 1/4 cup butter, softened, and 1/4 cup honey until well mixed. Makes 1/2 cup.

Cake shouldn't stick to pan

To prevent layer cakes from sticking in the middle of the pans, generously grease pans with solid vegetable shortening and dust lightly with flour. Butter, margarine and pan sprays

may cause cake to stick. Remove layers from pans after cooling about five minutes. Leaving cake in pans too long can cause sticking.



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FRIDAY THE 13TH

Lefse bread native to Norway

Following are frequent questions asked of the kitchen cooks at Betty Crocker.

Q. What is lefse? M.K., Auburn, NE

A. Lefse (pronounced LEF-suh) is a soft griddle-fried bread originating from Norway. It is made with potatoes, shortening, milk, flour and salt — then thinly rolled into 10- to 12-inch circles and cooked on griddles.

Lefse is served warm or cold, spread with butter and sometimes sprinkled with brown sugar — then rolled up or folded into small serving-size portions. It is a great Norwegian favorite during the holidays. You can find recipes for lefse in Scandi-

navian or International cookbooks. It also is available in special sections of supermarkets.

Q. What causes the thin bottom on my cream puffs? L.S., Proctor, MN

A. Batter is too thin and doesn't thicken due to under-

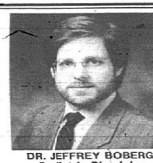
cooking or underbeating after eggs are added.

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Cute little chicks can help make easy candy in kitchen

There is a special nostalgic appeal to making homemade candy. There is nothing nostalgic about long hours at the stove and candy thermometers.

So let a few simple ingredients and a microwave oven turn candy-making into a family project fraught with fun and brimming with sweet dispositions. The results will be professional-looking candies in a short time. The candy also can be made on top of the stove, melting and blending ingredients in top of a double boiler over hot water.

Begin with Peanutty Fudge Cut-Out Candy. Even little hands can help cut shapes with cookie cutters.

Rocky Road Cups can be decorated with coconut or candied cherries for a colorful touch. Chocolate Peanutty Swirls can be swirled or topped for easy attraction.

Peanutty fudge cut-out candy

- 1 pkg. (12 oz.) peanut butter chips
- 3 tbsp. butter or margarine
- 1 can (14 oz.) sweetened condensed milk (not evaporated)
- 1 cup semisweet chocolate chips
- 1 tbsp. shortening

Cover large cookie sheet with waxed paper.

In large microwave-safe bowl,

combine peanut butter chips, butter and sweetened condensed milk. Microwave on high power 1½ minutes. Stir until mixture is smooth and well blended. Microwave at high a few more seconds, only if necessary, to melt chips.

Four mixture onto prepared cookie sheet. Spread or pat mixture to 13-by-11 inch rectangle. Cool slightly. Smooth surface with rolling pin. Chill about 45 minutes or until firm.

Peel off waxed paper. Place candy layer on cutting board. Cut in desired shapes with cookie cutters. Allow trimmings to come to room temperature. Re-roll and chill until firm.

In small microwave-safe bowl, microwave chocolate chips and shortening at high power 1 minute. Stir until smooth and blend. Spread with spatula or drizzle onto cut-outs. Chill until set. Store, covered, in refrigerator. Makes about 24 candies.

Rocky road cups

- 1 cup semisweet chocolate chips
- 2 tsp. butter or margarine
- 1 tbsp. shortening
- 1½ cups mini-marshmallows
- ½ cup coarsely chopped nuts
- Candied cherries, coconut, sliced almonds for garnish

Line 24 small muffin cups with paper liners.

sliced salmon). Toppings may include sliced onions, green peppers, cucumbers or tomatoes.

Bagels serve as efficient and hearty sandwich buns. They enclose a hamburger or hold chicken or tuna salad without crumbling.

If frozen, a bagel can be put directly in a toaster.

Traditional bagels serve new styles

The bagel has existed for more than 400 years. It is a traditional sign of good luck and long life.

If it hardens after a few days, fresh it by toasting, broiling, sautéing or microwaving.

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Spring brings hay fever for many seasonal sufferers

By George Malkasian, M.D.

Each spring, summer and fall, millions of Americans feel their noses start to tickle as tiny, dry particles (called pollen) are released by trees, weeds and grasses and are scattered by the wind.

This seasonal reaction to pollen, of course, is commonly called "hay fever."

People who suffer from hay fever are allergic to the microscopic pollen grains made by plants for reproduction.

A single plant can produce over a million pollen grains, which, when airborne, can travel on wind currents for up to 400 miles.

Among the most significant pollen producers are ragweed, sagebrush, redroot pigweed and Russian thistle (tumbleweed).

Different plants have different pollinating periods, which is why symptoms can occur in the spring, summer or fall.

The symptoms of pollen allergies are familiar to many people: sneezing; runny nose; itchy eyes, nose, and throat; and watering eyes.

People who are not sensitive to pollen develop no reactions. The mucus in the nasal passage just moves the pollen grains to the throat, where they are swallowed or coughed out.

But for those people with hay fever, the presence of pollen grains on the mucus membranes of the nose causes a chain reaction resulting in the release of histamine, the chemical that causes a drippy nose, itching, and other irritation.

To treat pollen allergies, doctors usually recommend either avoidance of pollen, drugs to relieve symptoms, or allergy shots.

Medications called antihistamines help reduce most symptoms of hay fever sufferers.

Unfortunately, most of these drugs cause drowsiness, an undesirable side effect for those who need to be alert.

For long-term reduction of symptoms, doctors often recommend allergy shots or immunotherapy. These shots help increase the tolerance to a particular pollen.

A drawback of this type of

treatment, however, is that an individual must visit his or her doctor regularly for the shots.

If you suffer from hay fever, don't put off visiting your doctor. He or she will probably be able

to suggest ways to relieve your symptoms and may refer you to an allergy specialist — a doctor

who specializes in treating people with hay fever and other allergies.

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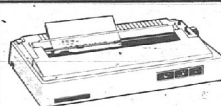
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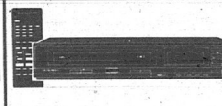
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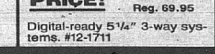
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Brass performers to go for baroque

Belleville Area College has just the concert for people who go for baroque, or dixieland jazz.

The Summit Brass will perform selections from every major musical period on April 21.

The program will begin at 7 p.m. at the Scottish Rite Bodies, 1267 N. 57th St., Belleville.

Summit Brass players come from first-chair positions in renowned organizations such as the St. Louis Symphony, Chicago Symphony, New York Philharmonic, Los Angeles Philharmonic, San Francisco Symphony and Houston Symphony. Single admission tickets, \$8 for adults, and \$5 for seniors and students, are available in College Activities Office, Room 3280 of the Belleville Campus. Those who wish more information should call toll-free 1-800-BAC-5131, Ext. 205.



THE SUMMIT BRASS ensemble will perform at 7 p.m. April 21 at Scottish Rite Bodies in Belleville.

Ragtime competition slated

The deadline is May 9 for amateur pianists ages 10 to 25 to perform in the Seventh Annual Rosebud Piano Competition for ragtime music on May 19 and 20 at the Fontbonne College Fine Arts Theater at 6800 Wydown Blvd., Clayton.

There are two divisions of competition. Division I includes ages 10 through 16 and Division II includes ages 17 through 25. Cash awards of \$100 and \$50 will be presented for first and second

place in each division.

The competition derives its name from the Rosebud Tavern, formerly at 22nd and Market streets, the hub for ragtime piano music at the turn of the century.

Entry fee is \$5. The Fontbonne College Department of Music, the St. Louis Ragtime Center and St. Ann Music Publications co-sponsor the event. For more information, call the St. Louis Ragtime Center at 351-1062.

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During Lent try our great seafood entrees & pasta dishes
692-1313



Hwy. 157, 2 Miles North of I-270
#4 Club Centre, Edwardsville

Knights of Columbus

100 EAST 5TH STREET



FISH FRY

DINE IN or CARRY-OUT
• PLATES • SANDWICHES • SIDE ORDERS

GOOD FRIDAY

APRIL 13TH • 4:00 - 7:00 P.M.

ALL THE SHRIMP U-CAN-EAT

FOR UNDER

2 CLAMS ONLY ... \$1.99

WITH THE PURCHASE OF THE REGULAR PRICE FRESH TASTIC SALAD BAR

BONANZA

Steaks • Chicken • Seafood • Salads

1133 CAMP JACKSON RD., CAHOKIA, ILL.

CATHOLIC WAR VETERANS BINGO

EVERY TUESDAY NIGHT - 7 P.M.

BELLE-CLAIR FAIRGROUNDS

Rte. 13 & 159 Belleville 235-0666

• PICK A COLOR RAFFLE •

APRIL 17th
Purchase 5 Cards for \$3.00 - Get 10 Free - 50 each thereafter • Early Bird Cards .50 each • 6 on a sheet \$2.00 • 3 Sheets \$5.00 • Two \$500 Callouts • Other Games • \$60 - \$100 - \$125 - \$150 - \$200
APRIL 24th
All Regular Cards .50 • Early Bird Cards .50 each • 6 on a sheet \$2.00 • 3 Sheets for \$5.00 • Two \$500 Callouts • Other Games • \$60 - \$100 - \$125 - \$150 - \$200 • \$1,000.00 PICK A COLOR

HALL OPENS - 5 P.M.
No Children Lic. #B1720

COME HOME TO *Miss Hullings*
ON EASTER SUNDAY
SERVING LUNCH AND DINNER 11 A.M. TO 7 P.M.

\$5.95 EASTER SPECIAL
CHOICE OF BAKED HAM, CHICKEN DIVAN OR BAKED WHITEFISH, INCLUDES SALAD, VEGETABLE AND BEVERAGE.

ALSO AVAILABLE - PRIME RIB, LEG OF LAMB AND OTHER EASTER DELIGHTS IN ADDITION TO OUR AWARD-WINNING ENTREES, SALADS AND VEGETABLES



Miss Hullings
CAFETERIA/CAKE & PIE SHOP

Hwy. 159 at I-64
FAIRVIEW HEIGHTS, IL 618-398-2611
11TH & LOCUST ST. LOUIS 314-436-0840
FREE PARKING •

Order Your Easter Bakery Goods NOW!

S.A.V.E. BINGO

Belle Clair Fairgrounds

RT. 13 & 159

BELLEVILLE

WEDNESDAY, 7 p.m.

BUY 5 CARDS FOR \$5.00

GET 10 CARDS FREE!!

APRIL 11, 1990

ALL REG. CARDS

50¢ EACH THEREAFTER

2-\$500 JACKPOTS

PIC A COLOR

\$500 OR MORE

IN 25 COLORS OR LESS

Serving St. Clair County Handicapped

NO SMOKING SECTION

No Children LIC. NO. 82378

SHRINE RESTAURANT

Easter Breakfast Buffet

Enjoy the relaxed atmosphere and beautiful surroundings of the Shrine this Easter. The Shrine Restaurant will be featuring a bountiful breakfast buffet with all your favorites.

served from 7:30 - 11:30 a.m.
adults - \$5.95 child - \$2.95 (under 4 FREE)

Dinner Smorgasbord

This popular smorgasbord features a wide variety of salads, entrees, and desserts.

served from 11 a.m. - 7 p.m.

adults - \$7.95 child - \$3.95 (under 4 FREE)

9500 Hwy 151, Belleville, IL 62223 • 618/397-6700

DENNY'S ARNOLD SHELL

AT THE INTERSECTION OF I-55 AND 141, ARNOLD, MO. **296-5081**

SALE LOW PRICES...CASH OR CREDIT
WE ACCEPT ALL MAJOR CREDIT CARDS
PRICES GOOD THRU APRIL 18, 1990

CIGARETTES

75¢

PER PACK

NO LIMIT!
FROM

CARTONS FROM
\$6.49

SOME EXAMPLES:

BRISTOL KING '6.49
PYRAMID KING '6.69
DORAL KING '6.89
RICHLAND KING '7.39
CAMBRIDGE KING '7.39
BEL AIR KING '7.80
BARCLAY KING '7.80
RALEIGH KING '7.80
LUCKY FILTER KING '7.30
L&M'S KING '9.30
FALL MALL 100's '9.60
PLUS MANY OTHER SPECIALS
PRICES INCLUDE IN STORE REBATES AND COUPONS.

12 PK. CANS
NATURAL LIGHT
\$3.59

6 PK. CANS
BUSCH
\$2.59

6 PK. N.R.
REG., LIGHT & DRY
MICHELOB
\$2.99

7 OZ. L.N.N.R.
BUD & BUD LIGHT
24 PACK CASE
\$8.29

REG. & LIGHT 12 PK. CANS
MILWAUKEE'S BEST
\$3.39

SUITS CASE
MILLER & MILLER LT.
\$9.99

24 PK. SUITS CASE
PABST
\$6.99

12 PK. CANS
RED, WHITE & BLUE
\$3.39

Check Out The **BAC VIDEO** ADVANTAGE

With Daily Rentals, New Releases Come Back For You Every Day

LOWER PRICES EVERY DAY!

| | | |
|---|--|--|
| Lower Weekday Rentals \$2.00 \$1.00 New Releases All Other Movies | New Releases \$1.99 with bargain card | Recent Hits \$2.00 \$1.00 Weekends Weekdays Choose from such titles as "RAIN MAN", "BILL & TED'S", "MAJOR LEAGUE", "THE DREAM TEAM" & "WORKING GIRL". Plus Many More! |
| Every 13th Rental FREE A \$3.50 value | BAC VIDEO CAHOKIA 1250 Camp Jackson Road 332-3131 *Located In The Nova Plaza Shopping Center In Front Of The Plaza Theatre OPEN DAILY 10:00 a.m. to 10:00 p.m. | |
| COUPON RENT ONE MOVIE GET 2ND MOVIE FREE OF EQUAL OR LESSER VALUE WITH THIS COUPON Not Valid With Any Other Coupon. Coupon Expires May 31, 1990 | COUPON \$1.99 RENTAL ANY MOVIE - ANY TIME WITH THIS COUPON Not Valid With Any Other Coupon. Coupon Expires May 31, 1990 | COUPON \$1.00 OFF BARGAIN CARD WITH THIS COUPON New Releases Only \$1.89 10 Movies for \$18.95 Not Valid With Any Other Coupon. Coupon Expires May 31, 1990 |

Advertising notice

DEADLINES FOR DISPLAY CLASSIFIED ADS
WEDNESDAY **FRIDAY, 3 P.M.**
SUNDAY **WEDNESDAY, 4 P.M.**
 OFFICE HOURS: 8:30 A.M. 'TIL 5:00 P.M., MON-FRI.

All real estate advertised in this newspaper is subject to the Federal Fair Housing Act of 1968, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, or national origins, or any intention to make any such preference, limitation or discrimination."

To complain of discrimination call HUD toll free at 1-800-424-8500.

- EMPLOYMENT 310-390
- REAL ESTATE 2300-2485
- NOTICES 4
- COMMERCIAL 2300-2485

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Houses for Rent 2660
4 BEDROOM ranch, huge family room, mud room, central air, mini blinds, \$450. Phase I Management 973-8635.

CAHOKIA, 2 Bedroom home, minutes from downtown and parks college. \$250/mo. 314-827-6704.

FAHR

CAHOKIA, DELUXE 1 bedroom, 4 room duplex ranch. Big yard, good neighborhood. \$375 includes gas heat, refrigerator, stove. All utilities paid except electric. 337-3208 evenings

LOVELY 3 bedroom ranch in Mapletree Estate, Cahokia. Fenced yard, conveniently located.

**Mobile / Manufactured
Homes for Rent 2670**

2 BEDROOM MOBIL home for rent in Cahokia, \$300 month, \$240 deposit. Call after 5pm 288-5263

NICE 3 BEDROOM mobile home. French Village. 345-5852.

RENT WITH option to buy 14'x65', 2 bedroom, 2 bath,

**Mobile Home Sites/Lots
for Rent 2672**

LOTS \$130 MO.
(For 1 year on a years lease)
Pool, play area, basketball

**Just say,
'Charge it!'**

when you place
your ad in the
**Suburban
Journals.**

graciously accepted.

CAHOKIA/DUPO JOURNAL
WANT ADS GET RESULTS

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| Homes for Sale | |
| Out of area | |
| Illinois | 2400 |

CREDIT PROBLEMS?
TURNED DOWN

HOME LOAN?
DO YOU LIKE TO OWN
YOUR OWN HOME?
CAN'T AFFORD TO

**CAN I DO IT
ON CREDIT?
AS LOW AS
\$0.00!**

AN HELP!
GROWTH AND SET
POINTMENT FOR

CREDIT REVIEW!
OMES OF ARNOLD
SING SPECIALIST

30 YEARS
141282-0195
1-800-933-5032

•PROFESSIONAL SERVICES 550-740-

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LOW MILEAGE. 36,000.
Cruiser EIGHTER 207,
engine dual rear wheels,
air, chrome trim, \$8,995.
707-1001.

1976 TIIDA by Isoterco
450 cc four model motor,
containing sleep six, 16
miles. 1985-8224

Travel Trailers

1976 SHASTA Self
tained travel trailer
\$7499

Motorcycles

60 HARLEY DAVIDSON
Chopper 750 Flathead,
chrome trim or best
price. \$4695-8075.

HONDA 1982, 900 CC
cruiser, high low range,
excellent condition,
357-5023 after 5pm.

HONDA EXPRESS, Low
mileage, 707-777-7777

1975 HONDA HAWK
150 cc actual miles
excellent condition, \$850-
285-481

250 HONDA, perfect
condition, 1987 model, low mile
call 737-2949

Boats/Motors


er mo
1987-2014.
1988-1993 Hydra-Sports
boat, 115 hp. MARGIN
excellent condition
many strgs. \$8,500.00
after \$6K.

1987 SEA RAY Savelle
Cuddy cabin 2050SP V6, 60
hp. Interphase, 2500 km
trav. Depth sounder, 100
W/F, stereo, extra prop.
cannas. 1000 lbs. 1000
trailer. Pristine condition
1000 lbs. 1000 lbs.
\$16,500.00-16,656-4642

1990 SIDEWINDER 150
bow, 85 h.p. mercury
trav. good. 1000 lbs.
\$23,000 best offer. 286-3530

**BARGAIN
HUNTING???**
Try the
Classifieds

your ad in the
**Suburban
Journals.**

graciously accepted.

**CAHOKIA/DUPO JOURNAL
WANT ADS GET RESULTS**

Homes for Sale
Out of area
Illinois **2400**

BLEMS?
TURNED DOWN
HOME LOANS?

**HOME LOAN:
DO YOU LIKE TO OWN
YOUR OWN HOME?
YOU CAN'T DUE TO**

OF CREDIT?
 RENT AS LOW AS
 \$0.00!

5.0
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CREDIT REVIEW:
OMES OF ARNOLD
SING SPECIALIST
30 YEARS

14) 282-0195
1-800-933-5032

LOW MILEAGE, 55,000.
Chevy Eldorado, 20ft.,
engine dual rear wheels,
air. 3 years old, \$5,
797-0510.

1985 TIOGA BY Fleetwood
400 V-8 ford model T25,
contained, sleeps six, 11
miles. 1/268-6224

| | |
|---|---|
| <p>the same Here In nience!</p> <p>1 1/2 TON</p> | <p>Travel Trailers*</p> <p>1978 SHASTA SELF tained travel trailer 797-6768</p> |
| | <p>Motorcycles</p> <p>49 HARLEY DAVIDSON Chopper 750, Street</p> |

SLX

ing \$1500, or best o
(618)346-8075.

HONDA 1982, 900 Ccu
13xxx, high/low range a
excellent condition. \$
337-5220 after 5pm.

HONDA EXPRESS. Like
455 miles. \$250. 797-2814

1978 HONDA HAWK

excellent condition. \$600.
286-4491.
250 HONDA, perfect condition, 1987 model, low miles. \$337.8669

Boats/Motors
1957 5HP EVINRUDE

1985 16'3" Hydra-Sport
boat. 115 hp. Mariner
excellent condition
many xtra's. \$8,800. \$3
after 4pm.

SERVICE

BARGAIN HUNTING??
Try the Classified

Taking care of a non-domesticated animal requires special knowledge of its needs and a long-term commitment. Moreover, these animals lose their "cuteness" as they mature, Garzon said. Then, owners are faced with caring for a full-grown chicken, rabbit or duck.

Citizens who in the past have landfilled their yard wastes must now find alternative sources for disposal of these wastes. There are a number of simple solutions including: composting, leaving the grass clippings and leaves on the ground to serve as natural fertilizer, and burning (if allowed by local ordinance).

id-idea

the former pets can care for themselves, which is a myth, she says.

They become easy prey for other aggressive animals," Garrison said. "Their chances for survival are very slim."

Persons wishing to give an ailing pet should instead consider placing a gift certificate from the Humane Society or other animal organization in the Easter basket, Garrison said. At the humane Society, cats can be adopted for \$40, dogs for \$45; but purebred animals for \$60. A fee includes a charge for spaying and neutering.

hs July 1

estimates can be implemented both commercially and domestically. The compost at home requires turning a pit or a designated pile to which yard wastes, commercial fertilizer (to aid naturalistic breakdown) and soil are added. The compost heap should be kept moist and turned occasionally so that quick, complete decomposition occurs.

Commercial composting is a large-scale operation based upon

organizations interested in entering a commercial composting program must apply for a permit from the IEPA Division Land Pollution Control.

cheese sandwich, peas, carrot sticks, dessert.

C. Carondelet
Wednesday, April 11 — Pizza, cheese salad, hot beans, dessert.
Thursday, April 12 — Fried chicken, potatoes, gravy, green beans, dessert.
Friday, April 13 — No School, Good Friday
Monday, April 16 — No school.
Tuesday, April 17 — Grilled cheese sandwich, french fries, dessert.

Hough Grade School
Wednesday, April 11 — Fried chicken, french fries, peas, dessert.
Thursday, April 12 — Cheese

je sticks, dessert.
Friday, April 13 — No school.
Good Friday.
Monday, April 16 — No school.
Tuesday, April 17 — Meat and
 gravy, mashed potatoes, peas,
dessert.

S

do this weekend? The folz-
nize your evenings.
Sox, 6000 Old Collinsville
6041. Performing: Bobby's
Lounge, 400 S. Illinois
performing: Tom Green,
Ave., Belleville, 235-8223.
13 and 14; Wayne and
ois 3 and Valmeyer Road.
ng: Bob Bosch Band, April
street and North Belt West,
ing: Rockhouse, April 13

[illegible]

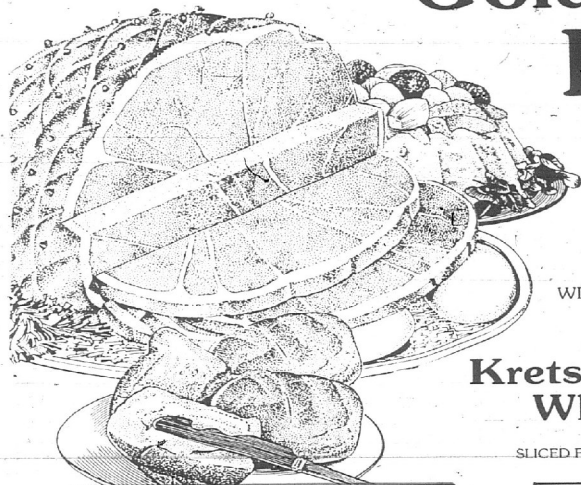
An Easter Tradition. The Lowest Priced Ham-Guaranteed!

Golden Prairie Whole Boneless Ham

**Sliced
Free!**

6 TO 7 POUND AVG.
LIMIT ONE PER FAMILY PLEASE
WITH \$15.00 ADDITIONAL PURCHASE

77¢
Pound



Kretschmar or Mickleberry Whole Boneless Ham

10 TO 12 POUND AVERAGE
SLICED FREE, LIMIT ONE WITH \$15.00 ADDITIONAL PURCHASE

1.35 Pound

Red Tag Value

39¢

**Imperial
Margarine
Quarters**

1-POUND PACKAGE, LIMIT 3

Everyday Low Price

88¢

**Coke, Sprite,
Diet Coke or
Coke Classic**

2-LITER BOTTLE, LIMIT 6

Red Tag Value

88¢

**Red, Ripe
California
Strawberries**

PER POUND

Red Tag Value

1.87

**Prairie Farm's
Old Recipe
Ice Cream**

1/2 GALLON ROUND PACKAGE

Red Tag Value

2 79¢
FOR

**Geisha
Pineapple**

CHUNK, SLICED OR
CRUSHED

20-OUNCE CAN

Red Tag Value

1.39

**Honeysuckle
Bone-In
Turkey Breast**

PER POUND
3 TO 5 POUND AVG.

Red tags are temporary manufacturer price reductions. The manufacturer reduces our cost and we in turn reduce the price to you. With red tags you save even more off our everyday low prices.

Shop 'n Save®

The more you shop the more you save.

- PRICES GUARANTEED THRU APRIL 14, 1990, ST. LOUIS METRO STORES ONLY - WE RESERVE THE RIGHT TO LIMIT • NO SALES TO DEALERS
- SHOP 'N SAVE WILL BE CLOSED APRIL 15TH SO THAT OUR EMPLOYEES MAY ENJOY EASTER WITH THEIR FAMILIES

